



Do You Want to be Good or Do You Want to be Great?

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One of the things all athletes must ask themselves at some point is how far they want to go in their athletic endeavors. It is nothing to be ashamed of if an athlete simply wants to be the best high school student athlete he or she can be and does not have the desire to compete at the collegiate level. On the other hand, it is also nothing to balk at if certain athletes want to play at the highest possible level in college. All athletes must know the goals that are most meaningful to them and then respond with the necessary effort and work to achieve those objectives. Becoming a good athlete requires “good” effort; becoming a great athlete, however, requires effort in a whole different realm.

Possession is the Key to Being Great

Possess Passion: For individuals to achieve greatness in anything, they must have passion. Greatness requires going beyond the normal everyday requirements and doing all of the little things when no one else is watching simply for the love of doing it.

Possess Priorities: Individuals who achieve greatness have to set priorities in line with the work necessary to be the best. It sometimes means sacrificing social life opportunities or sleeping in on the weekends, but for the ones who want to be great, these sacrifices need to be made on a consistent basis.

Possess Commitment: Individuals must be committed to practice, hard work and doing the little things each and every day. Great athletes are ones who know that practice starts at 4:00pm, but show up at 3:30pm to get mentally and physically ready.

Possess Risk-Taking: Every great athlete or person becomes great because they are willing to take risks and make mistakes. They take chances even though failure may be the result. Great athletes have made more mistakes than anyone – but they never give up and always try to improve.

Possess Action: Athletes must take action if they want to be great. It is not enough to talk about being great; one must take action. Many athletes are good without having to take much action, but greatness always requires taking action.

So do you want to be good or do you want to be great? Look at what you possess and you will find your answers.

Play Hard, Play Smart and Play Well!